

Chronic Pain



There is hope for chronic pain
and a better way to treat it.



YOUR PARTNER IN HEALING

We Remove the Obstacles from Healing



Every patient works toward pain reduction and their individual treatment goals with their personal team of therapists & doctors.

Your goals may include:

Increase range of motion

Increase ability to sleep

Decrease depression

Decrease anxiety

Get off opioids & other pills

Participated in life activities



Call Dr. Stehle today and find out how you can benefit from pain management without drugs.

HealthPsychologySacramento.com

916/962-0222

4112 Pennsylvania Ave · Fair Oaks · CA 95628